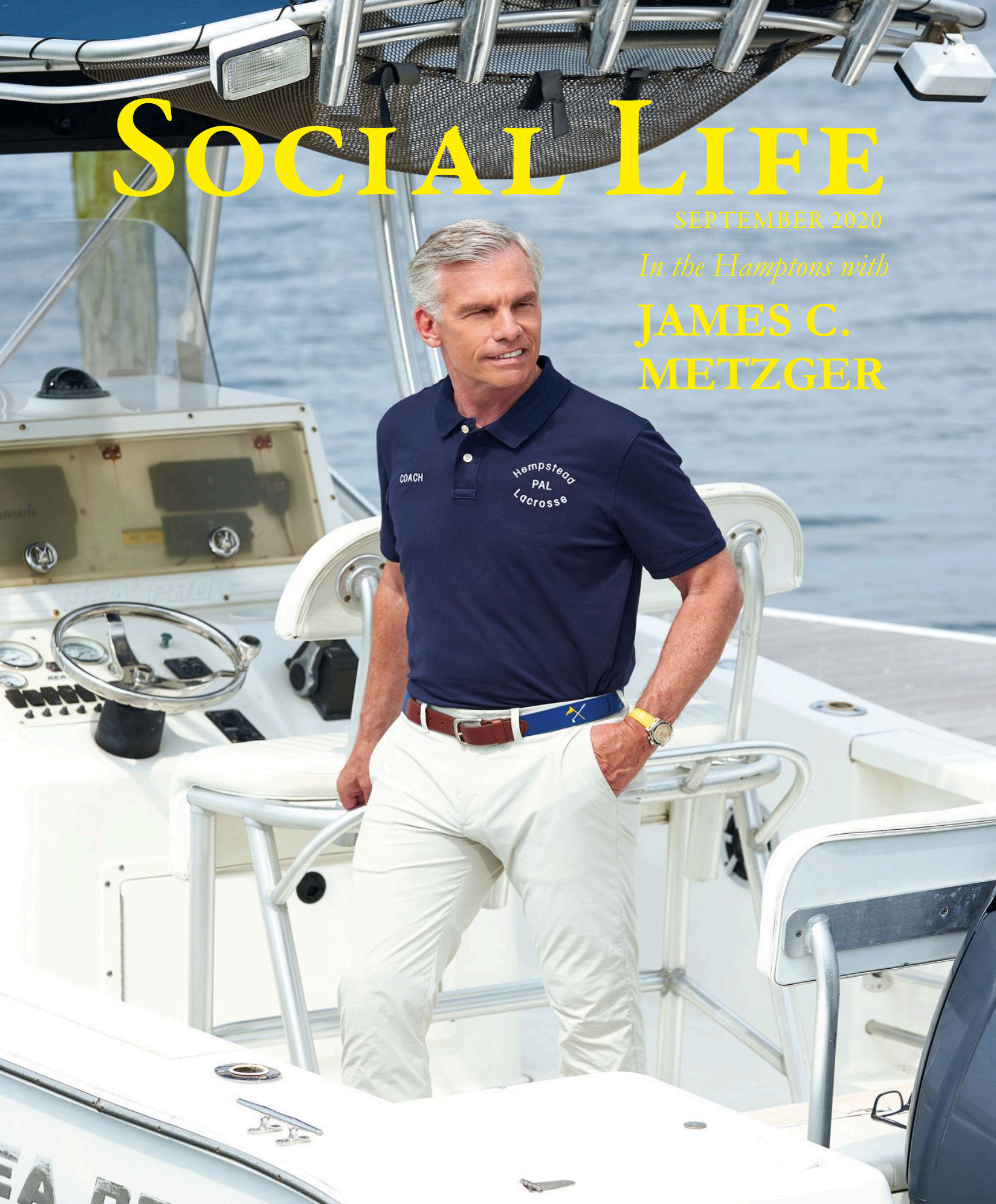


SOCIAL LIFE

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In the Hamptons with

**JAMES C.
METZGER**



TOP 5 NO-RECOVERY PROCEDURES TO LOOK GOOD ON ZOOM... AND EVEN PREVENT AGING!

BY FRANCES GORMLEY

Dr. Anna Avaliani, a physician renovator of cosmetic procedures. In the time from home, Zoom kept her in motion. But Zoom is not without its cosmetic flaws. Lines, wrinkles, double chin, uneven skin tone, and other problems are even more obvious in person.

Dr. Avaliani's practice attracts a clientele who want to look good on screen and on stage. She offers five FDA-approved procedures that have become particularly popular in her high-profile (and beautiful) office.

1 Liquid Facelift with Harmonization — A blend of select dermal fillers, stimulants, and neuromodulators well-rested, lifted, and instantly eliminate tired, non-invasive, half-hour

2 Double-Chin Reduction — Gained weight during the quarantine 15? Had another birthday?

Dr. Avaliani can choose from her array of options for the best and most natural results possible. Dr. Avaliani is a top expert *both* in CoolSculpting and SculpSure, and is highly skilled in using their respective special applicators for the under-chin area. She is also highly experienced in Kybella, a relatively new injectable that melts away fat. The best option is totally dependent on a careful and thoughtful consultation.

3 Tighter Skin — Ultherapy is the non-invasive, gold standard skin treatment. It promotes new collagen and tightens skin all over the face (or whole body). It can create an amazing open-eye look and lift a droopy mouth.



Anna Avaliani, M.D.

Threads are USA-made and resorbable over time. They provide a released lift as new collagen is produced over two years. Dr. Avaliani's practice includes an assortment of non-surgical procedures.

Treatment — The combination of radiofrequency (RF) microneedling and RF (radiofrequency) energy using the Genius RF device) and other treatments are easy, painless, and effective for a more youthful neck. Dr. Avaliani believes the neck is an oft-forgotten body part that is as important as the face and should be treated as such.

Dr. Avaliani is supremely interested in her patients' comfort and recovery. She continues to learn and trains in the latest techniques for devices and procedures, using the thinnest cannulas and techniques for natural results. Patients can expect a relaxing experience with ProNox (laughing gas) and topical numbing cream (which also minimizes discomfort).

Dr. Avaliani offers a totally painless and happy experience. As part of her practice, Dr. Avaliani's careful and cautious approach, she makes

use of AccuVein, a special light that detects exactly where she needs to avoid a blood vessel to prevent bruising from an injectable.

Dr. Avaliani offers contactless check-in and check-out, and the latest in payment options, including cryptocurrency. You can have your choice of an in-office or virtual consultation. Her warm and caring personality, impeccable credentials, and deep expertise can offer you the best experience and most natural results.

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