

10 Ways Dermatologists Switch Up Their Skin-Care Routine Every Summer

Want to know how the top experts change their skin-care regimen when the weather turns warm? Here, dermatologists reveal all their secrets.

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Go for multi-purpose skin protection



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If you don't want to wear heavy makeup in summer—make sure you know how to [make summer makeup last](#) in the heat—but still want enough cover, the best skin-care products are multifunctional, like [Alastin HydraTint Pro Mineral Broad Spectrum Sunscreen SPF 36](#). "It's an all-in-one product that combines sunscreen, environmental protection, moisturizer and

foundation in a beautiful formulation and convenient pump," says Maryland dermatologist [Roberta F. Palestine](#), MD. "It goes on easily, feels lightweight, looks great, and is easy to

remove." Dermatologist [Anna Avaliani](#), MD, recommends [SkinCeuticals Physical Fusion Tinted SPF 50](#). "It's lightweight, blends easily, does not turn my skin yellow and, because it's tinted, I don't feel the need to use much make up at all," she says. .